

PARISH MINISTRIES AND SERVICES

Fr. Alfonso R. Condorson, D.Min., *Pastor*
Fr. Edwin A. Baños, *Parochial Vicar*
Fr. Marco A. Caceres, *Weekend Assistant*
Deacon Gary Newton, *RCIA Inquiries*
Deacon Gustavo Sandoval, *Spanish Baptism Classes*
Sr. Lucia Flores, *Pastoral Assistant, Spanish RICA*
Maritza Alvarez, *Music Ministry*
Kathy Champignon, *Religious Education Director*
Mary Ellen Kirchman, *Administrative Assistant*
Joe Lynch, *Bookkeeper*
Jorge Romero, *Facility Operations*
Martha Rovitto, *Spanish Administrative Assistant*
Ana Valencia, *Religious Education Administrative Assistant*

Fr.Al@sjcbb.net
Fr.Edwin@sjcbb.net
(732) 356-0027
Deacon.Gary@sjcbb.net
Deacon.Gustavo@sjcbb.net
Sr.Lucia@sjcbb.net
Maritza.Alvarez@sjcbb.net
reled@sjcbb.net
MaryEllen.Kirchman@sjcbb.net
Joe.Lynch@sjcbb.net
Jorge.Romero@sjcbb.net
Martha.Rovitto@sjcbb.net
Ana.Valencia@sjcbb.net



Holy Savior Academy
The Middlebrook Deanery Catholic School
(Grades Pre-K through 8)

149 South Plainfield Avenue, So. Plainfield, NJ 07080
Mrs. Melinda Hanlon, Principal
(908) 822-5890 www.holysavioracademy.com

• Parish Services

Parish Office: Open Monday through Thursday 9:00 AM - 4:00 PM (closed 12:00 - 1:30 PM for lunch). Closed on Fridays during the summer.
Parish Center and Chapel of the Nativity: 124 East Second Street Church: Mountain Avenue and East High Street
Parish Office: (732) 356-0027 Parish Fax: (732) 356-8092 Emergencies Only: (732) 356-8936 Website: www.sjcbb.net

• Sacraments

Baptism: English Baptisms will be officiated on the 2nd and 4th Sunday of the month at 1:30 PM in the Church. Spanish Baptisms will be officiated on the 1st and 3rd Sunday of the month at 1:30 PM in the Church. Contact the Parish Office to schedule. Attendance at Baptism class is mandatory. The Baptism must be scheduled before you attend Baptism class.

Marriage: Weddings celebrated Saturdays and Friday evenings, but not Sundays. You must contact a priest 9 months before the planned date, and reservation of a wedding time is suggested even earlier.

Penance: Saturday 9-10:00 AM, Wednesday 6:30-7 PM, Thursday 6-7:00 PM in Spanish in the Chapel. Other times on request.

Confirmation, First Eucharist, First Penance: Though immediate preparation is given before receiving these sacraments, children are expected to receive a Catholic upbringing in their families. This includes formal religious education classes and regular Sunday worship in the years prior to and following the reception of these Sacraments.

• Devotions

Marian Novena: Saturdays following the 8:15 AM Mass in the Chapel.

Eucharistic Adoration: First and Second Friday, Adoration following 8:30 AM Mass; Benediction: 1st Friday in English; 2nd Friday in Spanish, 1:00 PM in the Chapel.

SPONSORSHIP ELIGIBILITY

TO BE OR NOT TO BE . . . A SPONSOR FOR BAPTISM OR CONFIRMATION

The opportunity to walk with another in Faith, whether a child or an adult is an awesome privilege. It is cause for serious consideration on the part of those who ask another to witness with their lives to what it means to be a Catholic, and for those who accept this responsibility. It is important to think carefully about your selection and decision. The person to be considered a Sponsor must be at least 14 years of age and have themselves completed the Sacraments of Initiation (Baptism, Eucharist, Confirmation), and are leading a life in harmony with the Faith and Tradition they are called to witness. A Godparent/Sponsor cannot be the mother or father of the one to be baptized. If married, their marriage must be recognized as "valid" by the Catholic Church. They must be attending Mass regularly, that is, every Sunday and Holy Day of Obligation.

They will need to obtain a Certificate of Eligibility signed by their pastor. Being properly registered at one's parish is an important first step. Consider carefully your invitation and response. There is more involved to this than simply standing at the Baptismal Font. It is a lifelong commitment. If you have questions, speak with one of the parish priests who can guide you correctly.

- **Call the Parish Office EARLY**, even before your child's birth to obtain information that will help you in selecting suitable godparents.
- **New parishioners** are asked to come to the Parish Office and fill out a Census Form. Individuals and families must be registered and practicing here for at least six months before applying for sponsorship.
- **If you have changed your address** or other information, please contact the Parish Office at (732) 356-0027 so that we can update our records.

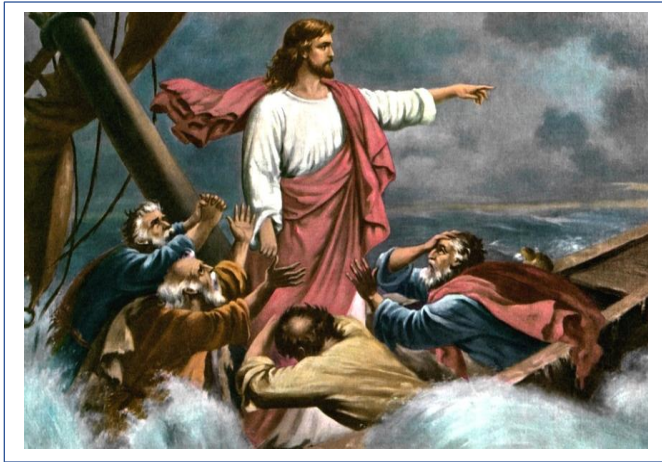
IN THE HOSPITAL?

If you or someone you know is sick in the hospital or nursing home for an extended stay, please contact the parish office. We will do our best to have someone make a pastoral visit and bring communion. Please note that the Hospitals or Nursing Homes do not notify us, and we rely on the family to inform us of this information. Thank you for your assistance.

Twelfth Sunday in Ordinary Time

Sunday, June 21, 2015

Happy
Father's
Day



TODAY'S GOSPEL: Jesus calms the stormy seas.

NEXT SUNDAY'S READINGS

THIRTEENTH SUNDAY IN ORDINARY TIME

READING 1: Wisdom 1:13–15

By the envy of the devil, death entered the world.

READING 2: 2 Corinthians 8:7, 9

Your abundance should supply the needs of the poor.

GOSPEL: 13–15 Mark 5:21–43 or 5:21–24, 35b–43

Little girl, I say to you, arise!

MASSES/PENANCE FOR THE WEEK

MONDAY, JUNE 22, 2015

8:30 AM Joyce Plick, request of Carol Szynkielewski

TUESDAY, JUNE 23, 2015

8:30 AM Michael Ricci, request of John Yanchuk

WEDNESDAY, JUNE 24, 2015

8:30 AM Ann Flynn
request of Katherine and George Anderson

6:30 PM Penance

7:30 PM Loretta Kaczanowski
request of Nancy and Ciro Fontaine

THURSDAY, JUNE 25, 2015

8:30 AM People of the Parish

6:00 PM Spanish Penance

7:00 PM For the souls in Purgatory
Request of Ruben and Luz Gonzalez

FRIDAY, JUNE 26, 2015

8:30 AM Sr. Dolores Ramirez, request of MCSH Sisters

SATURDAY, JUNE 27, 2015

8:30 AM Josephine Martino
request of Richard and Rose Marie

9:00 AM Penance

5:00 PM Jack Awtry, Jr.
request of wife, children and grandchildren

7:00 PM For the souls in Purgatory
request of Ruben and Luz Gonzalez

SUNDAY, JUNE 28, 2015

8:00 AM Rose and Anthony Tornaro, request of daughters, Victoria and Molly

10:00 AM Josephine and Victoria Dudis
request of Dudis family

12:00 PM Remigio Rodriguez
request of wife, children and family

THIS WEEK

TUESDAY, JUNE 23, 2015

1:00 PM Catholic Daughters in the Community Room

7:00-9:00 PM Spanish Prayer Group in the Library

THURSDAY, JUNE 25, 2015

7:00-8:30 PM Vacation Bible School meeting in the Community Room

7:00 PM Spanish Men's Prayer Group in the Library

7:00-9:00 PM Divine Mercy in the Chapel

SATURDAY, JUNE 27, 2015

6:00-9:30 PM Spanish Prayer Group in the Chapel

PRAYER FOR OUR SERVICE MEN AND WOMEN

Queen of the Holy Rosary, we implore you to bless our military forces at home and abroad. Guide their steps into the way of peace. Amen.

SANCTUARY LAMP MEMORIAL

June 22 - 28, 2015

In memory of

Daniel Dombey

Request of family

HELP US MAKE VACATION BIBLE SCHOOL A SUCCESS

First - Pray for a Beautiful Week!

Then - Check out the VBS display in the Narthex. You will find lots of tags, each containing an item we need for VBS. Choose a slip of something you can donate and bring it to the parish office by July 13. Thank you for your help!



VACATION BIBLE SCHOOL JULY 20 - 24

It's adventure time! Come have fun learning that our God is mighty and no matter the challenge, God is always with us. Children ages 4-10 (grades completed pre-k to fourth) are invited to register for this summer program sponsored by the Office of Religious Education. Your kids will love the games, crafts, music and skits! Activities will take place in our air-conditioned Main Church or outdoors (weather permitting). The day will begin at 9:00 AM and end at 12:00 noon. Dress for the week is casual and comfortable. Children will be welcomed and dismissed from the Main Church.



Fees: One Child - \$35, two children - \$50, three or more children - \$75. **Please register by July 1.** Place check made payable to St. Joseph Church along with the registration form below in an envelope and either drop in the collection basket, bring to the parish office or mail to:

St. Joseph Religious Education Office
PO Box 72
Bound Brook, NJ 08805

Please be sure to clearly mark the envelope Vacation Bible School. If you have any questions, call us at (732) 356-0645.

VBS Registration Form

Child's Name: _____

Grade In Sept.: _____ Age: _____ T-shirt size: _____

Child's Name: _____

Grade In Sept.: _____ Age: _____ T-shirt size: _____

Address: _____

Phone: _____

Parent's Name(s): _____

Emergency Contact: _____

Phone: _____

Are you available to help with our program?

Group Leader Assistant Arts and Crafts

Bible Stories Music Snack Server

I am available: Each Day or

Monday - Tuesday - Wednesday - Thursday - Friday ONLY

UNION CATHOLIC HIGH SCHOOL BASKETBALL CAMP

For boys and girls grades 3-9. Directed by Union County Coach of the Year, Dr. Jim Reagan. Camp fee \$200.

Week One: June 22-25, 2015.

Week Two: July 20-July 23, 2015

The daily schedule includes station drills focusing on passing, defense, dribbling, ball handling, offensive moves, 3 on 3, rebounding. Daily lectures on key aspects of the game. League games and practice sessions each day. Participants grouped according to age, size and ability. Lunch will be sold each day. Free T-Shirt for all participants. To register, go to m.unioncatholic.org/hoopscamp. Questions? Call Dr. Jim Reagan, Camp Director, at (908) 889-1600.

CIAM COFFEE AND CAKE

Every fourth Sunday of the month, **June 28**, coffee and cake will be served in the Community Room after masses.

All are welcome. Please donate some baked goods to share with the community. The Christ in Action Ministry (CIAM) is running this event. Any help setting up and cleaning up is appreciated.

MOUNT ST. MARY HOUSE OF PRAYER

1651 U.S. Highway 22

Watchung, NJ 07069-6587

Mount St. Mary House of Prayer, Watchung, will offer the following programs.

Registration required. Call (908) 753-2091 or e-mail: msmhope@msmhope.org

LOOKING FOR JOY? LIVE A GRATEFUL LIFE!

Ronald Holheiser challenges us to live a grateful life as one of the final tasks of the spiritual life, enabling us to give and receive joy every day. A refreshing new look at gratitude! **July 8, 7:00-9:00 PM** (\$20-\$30 As You Are Able) Presenter: Pat Leposa, Mercy Associate

GRIEF RECOVERY - Learning a process to deal with grief

Gentle 4-step experiential process for resolving the grief caused by loss. **July 12, 1:00-5:30 PM** (\$45) Presenter: Mary Jo Kearns, RSM

KEEP THE SPIRIT UP!

Be refreshed as you prayerfully reassess your unemployment and God's call in the *now*. Prayer, reflection and sharing. **July 14, 9:30 AM - 2:30 PM.** Lunch provided—No fee—Be our guest

WEEKEND RETREAT

July 17-19, Begins 7:00 PM on opening day; concludes at 2:00 PM (\$140/weekend; non-refundable deposit \$30)

SUNDAY OFFERING

THE WEEK ENDED JUNE 14

Ordinary Offertory	\$ 5,732
Parish Ordinary Expenses*	(\$ 6,111)
We operated at a deficit of:	(\$ 379)
* Annual Weekly Average	

Building and Maintenance Collection: \$ 1,687

**Thank you! Your continued support helps
St. Joseph Parish to serve our people more effectively!**

CIAM END OF YEAR DINNER

The CIAM will be holding an 'end of year' dinner at Chimney Rock Restaurant, Bridgewater on **July 7th at 6:30 PM**. It will be a simple gathering, ordering off the main menu and covering your own check. Please contact Linda Goodrich to RSVP by June 26 at stjosephciam@yahoo.com or phone/ text: (908) 255-3469.

QUESTION OF THE WEEK

"He said to them, 'Why are you afraid? Have you no faith?'" – Mark 4:40

Most of us like to be in control. Loss of control makes us fearful. Try changing your perspective, let God be the pilot! There's an old saying "do you want to make God laugh? Tell him your plans." Put your trust in God, He always has a better plan!

TRAVEL TO ITALY AND SWITZERLAND

Travel with Fr. Alfonso Condorson to Italy Wide and Switzerland - Low Season Trip. Fr. Alfonso Condorson will be Chaplain.

Where: Sorrento, Capri, Amalfi Coast, Pompei, Rome, Assisi, Tuscany, Florence, Venice, Milan, Lake Como, Switzerland

Dates: July 23 – August 4, 2015

Cost: \$3,899 Airfare and All-included

To register, please contact Proximo Travel at (855) 842-8001 or (508) 340-9370. You can also register online at www.proximotravel.com.

CIAM SPRING BABY SHOWER

A BIG THANK YOU

The Christ in Action Ministry would like to thank all of you for your generous support of our annual Spring Baby Shower. The outpouring of love has been truly overwhelming. Please know that your spirit of giving has been an inspiration to all!



THANK YOU FROM SR. LUCIA

Dear Parishioners of St. Joseph:

I want to express in these few lines my sincere thanks, first to God and then to each one of you, for the great blessing and opportunity of sharing, living and growing in faith in this beautiful community of St. Joseph for almost 11 years.

We have had many and great experiences that I cannot replace, and now it is time to keep them in my heart, in my memory, and of course they are part of my missionary life.

My religious and consecrated life has been enriched by you, throughout your testimonies, commitment and dedication to God's work in this community.

I love you and you will always be part of me.

Please keep me in your prayers.

God is love and He loves us with an everlasting love.

Thank you, thank you very much for everything.

With love,

Sister Lucia

FARWELL RECEPTION FOR SR. LUCIA

Farewell masses for Sr. Lucia on will be held on **Sunday, June 28th** at the **10:00 AM** and **12:00 PM** masses.

A reception will be held on that same day at **St. Mary's Church Annex** in the **Cafeteria** from **2:30 to 5:30 PM**. Please come and wish Sister Lucia many blessings as she leaves her ministry here at St. Joseph Church. Anyone who would like to cook or bake something to share at the reception, please get in touch with Theresa Porras at (732) 910-3057.

Unfortunately, at 1:30 PM, I have to leave to say my best friend's parents' 50th Wedding Anniversary Mass. This was something planned months ago, and I committed myself to doing this. Please wish Sister Lucia the best if you cannot make it that day.

Thanks, Fr. Al.

COMMUNION AND CONFIRMATION PHOTOGRAPHS

The Communion and Confirmation photographs have been delivered. If you placed an order, please stop by the Parish Office to pick them up.

LECTURAS PARA EL PRÓXIMO DOMINGO

Decimo tercer Domingo Ordinario

Primera Lectura Sabiduría 1: 13- 15; 2: 23- 24

Dios hizo al hombre a imagen y semejanza de si mismo.

Segunda Lectura 2 Corintios 8: 7. 9. 13 -15

Al que recogía mucho, nada le sobra; al que recogía poco, nada le falta.

Evangelio Marcos 5: 21 - 43

"Hija, tu fe te ha curado. Vete en paz y queda sana de tu enfermedad".

AVISOS A LA COMUNIDAD

CONFESIONES: Las confesiones se realizan en Inglés y Español los siguientes días:

Sábados de 9:00 a 10:00 AM en la Capilla.

Miércoles de 6:30 a 7:00 PM en la Capilla.

Jueves de 6:00 a 6:45 PM en la Capilla (Solo en español)

Para confesarse en otro momento debe hacer una cita previa llamando al (732) 356-0027.

FAMILIARES HOSPITALIZADOS

Si tiene algún familiar hospitalizado, y desea visita pastoral y Eucaristía, por favor infórmelo a la parroquia, llamando al teléfono (732) 356-0027.

VIRGEN PEREGRINA

Las familias que deseen la visita de la Virgen Peregrina en sus hogares, comunicarse con Oscar e Ivania Rios al (908) 986-8977- (908) 986-8978.

AYUDA A TU IGLESIA

Ayude a su Iglesia, adquiriendo los certificados de compra (Gift certificate) de su supermercado favorito ShopRite, A&P y Pathmark, sin que a usted le cueste un centavo adicional. Así la Iglesia gana el 5% por certificado. Se venden a la salida de la Misa los domingos o en la semana en la oficina Parroquial de 9:00 AM a 4:00 PM.

2015-2016 CLASES DE EDUCACIÓN RELIGIOSA REGISTRO EN PERSONA

20 Y 21 DE JUNIO

DESPUÉS DE LAS MISAS EN LA IGLESIA DE SAN JOSÉ

5:00, 8:00, 10:00, 12:00

Formularios disponibles en el sitio web de la parroquia (www.sjccb.net), Oficina Parroquial, o en el Nártex de la Iglesia. Registros nuevos favor de traer una copia del Certificado de Bautismo y Primera Comunión si no se realiza en el Iglesia de San José. La matrícula se puede pagar en efectivo o en cheque. Tener cheques escritos a la Iglesia de San José. Si tiene dificultades financieras por favor hable con nosotros sobre ellas.

TOME NOTA

- El **Padre Edwin Baños** atiende en la oficina Parroquial, lunes 3:00-5:00 PM, martes de 4:00-7:00 PM, jueves de 3:00-5:00 PM, para quienes deseen consultarle. Pueden llamarle para citas o para obtener dirección espiritual al teléfono (732) 356-0027. También pueden escribirle a su correo electrónico fr.edwin@sjccb.net.
- La **hermana Lucia**, atiende la oficina parroquial los lunes y miércoles de 9:45 a 11:45 AM y de 1:45 a 4:30 PM, jueves de 2:30 a 9:00 PM viernes de 9:45 a 11:45 AM para los que deseen hablarle. Para hacer una cita con la Hermana llame al teléfono (732) 356-0027 ext. 6.
- El **Diácono Gustavo Sandoval** está disponible para aquellas personas que necesiten alguna ayuda espiritual. Para comunicarse con él, favor llamarle al teléfono (732) 317-8544 o a su correo deacon.gustavo@sjccb.net.
- La **Sra. Martha** atiende en la oficina Parroquial (donde está la Capilla) todo lo relacionado con Misas, bautismos, registros parroquiales y certificados. Ella atiende en la oficina todos los martes y jueves de 6:30 a 8:30 PM y vía telefónica llamando al (732) 356-0027 ext. 6.

DURANTE ESTA SEMANA

CURSO DE BIBLIA

El grupo de Clase de Biblia se une al Taller de Vida y Oración.

Las clases se reanudarán cuando se termine el Taller. Para más información contactar con la hermana Lucia: sr.lucia@sjccb.net.

DIVINA MISERICORDIA

El grupo de la Divina Misericordia estará unido al Taller de Vida y Oración. El horario de la 7:30 PM de los jueves se reanudará al concluir el Taller. Para mas información llamar a Jorge Romero al (732) 900-4315.

CIRCULO DE ORACIÓN

Todos los sábados a las 6:30 PM se reúne el círculo de oración en la Capilla. Para más información pueden llamar a Gabriela Alpizar al (908) 342-0780 o Maribel Alfaro al (908) 450-7110. **¡Los esperamos!**



TELÉFONOS CELULARES

Queda terminantemente prohibido los teléfonos celulares en la Iglesia. Todo el que tenga un teléfono celular ha de desconectarlo antes de entrar en la Iglesia. Muchas gracias por su cooperación.



SALUDO DE SISTER LUCIA

Queridos feligreses de St. Joseph,

Quiero expresar en estas breves líneas mi más sincero agradecimiento, primero a Dios y luego a cada uno de ustedes, por la gran bendición y oportunidad de compartir, vivir y crecer en la fe en esta hermosa comunidad de St. Joseph durante estos casi 11 años .

Hemos tenido muchas y grandes experiencias, no puedo reemplazarlos, pero ahora es el momento para guardarlos en mi corazón, en mi memoria, y por supuesto que son parte de mi vida misionera.

Mi vida religiosa y consagrada se ha enriquecido con ustedes, a través de su testimonio, compromiso y dedicación a la obra de Dios en esta comunidad.

Los quiero mucho y siempre serán parte de mí.

Por favor, recen por mi, necesito de sus oraciones.

Dios es amor y nos ama con un amor eterno.

Gracias, muchas gracias por todo.

Hna. Lucía.

El domingo 28 de junio habra recepcion en la cafeteria de la iglesia Saint Mary's de 2:30 a 5:30.

LA NATIVIDAD DE SAN JUAN BAUTISTA

24 de junio

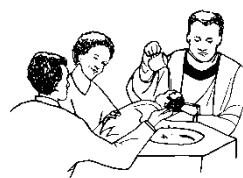


La Iglesia celebra normalmente la fiesta de los santos en el día de su nacimiento a la vida eterna, que es el día de su muerte. En el caso de San Juan Bautista, se hace una excepción y se celebra el día de su nacimiento. San Juan, el Bautista, fue santificado en el vientre de su madre cuando la Virgen María, embarazada de Jesús, visita a su prima Isabel, según el Evangelio. Esta fiesta conmemora el nacimiento "terrenal" del Precursor. Es digno de celebrarse el nacimiento del Precursor, ya que es motivo de mucha alegría, para todos los hombres, tener a quien corre delante para anunciar y preparar la próxima llegada del Mesías, o sea, de Jesús. Fue una de las primeras fiestas religiosas y, en ella, la Iglesia nos invita a recordar y a aplicar el mensaje de Juan.

Juan nace de una anciana estéril; Cristo, de una joven virgen. El futuro padre de Juan no cree el anuncio de su nacimiento y se queda mudo; la Virgen cree el del nacimiento de Cristo y lo concibe por la fe.

El ángel había encargado a Zacarías ponerle por nombre Juan. Con el nacimiento de Juan, Zacarías recupera su voz y lo primero que dice es: "Bendito el Señor, Dios de Israel". Juan creció muy cerca de Dios. Cuando llegó el momento, anunció la venida del Salvador, predicando el arrepentimiento y la conversión y bautizando en el río Jordán.

BAUTISMOS



Los bautismos se realizan el primer y tercer domingo de cada mes a la 1:30 PM. Si usted quiere bautizar a su hijo/a en los meses de julio/agosto **debe registrarse para la próxima clase de bautismo del 30**

de junio 2015 a las 7:15 PM. Planifique con tiempo el bautismo. Las clases son cada dos meses y si no asiste a la clase no puede bautizar al bebé. Para mas información, favor ir personalmente los Martes o Jueves a la oficina Parroquial (donde está la Capilla) de 6:30 a 8:30 PM.

TOME NOTA

Es muy importante que antes de ir a la clase para el bautizo de su niño/a, la fecha tiene que estar reservada en el calendario de la Iglesia. No podran ir a la clase hasta que la fecha haya sido reservada. Muchas gracias.

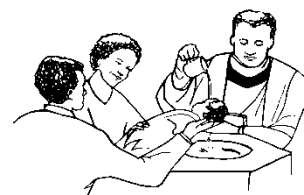
ESCUELA BÍBLICA EN VACACIONES

JULIO 20- 24

Es hora de aventura! Venir divertirse aprendiendo que nuestro Dios es poderoso y no importa el desafío, Dios está siempre con nosotros.

Los niños de 4 a 10 años (Pre-K a 4° grado) están invitados a participar de la escuela de Biblia en vacaciones. A sus hijos les encantarán los juegos, manualidades, música y obras de teatro! Este programa sera del lunes 20 hasta el viernes 24 de Julio de las 9:00 AM a las 12:00 M del mediodía. Las actividades tendrán lugar en la iglesia con aire acondicionado o afuera cuando el clima lo permita. El costo por niño es de \$35.00, por dos \$50.00, tres o más \$75.00. **El último día para registrarse es el miércoles 1º de Julio.** Los padres interesados en esta actividad deben ir a la oficina Parroquial de lunes a viernes de 9:00 AM a 4:00 PM o martes y jueves de 6:30 a 8:30 PM. Pueden llenar la registración que esta abajo y pongalo en un sobre en la canasta de la colecta con el cheque a nombre de St. Joseph Church, asegurese que escriba en el sobre "**Vacation Bible School**".

Si usted tiene alguna pregunta, llámenos al (732)356-0645.



Formulario de Registro VBS

Nombre del niño _____

Grado en Sept. _____ Edad _____ Talle de la camiseta (t-shirt) _____

Nombre del niño _____

Grado en Sept. _____ Edad _____ Talle de la camiseta (t-shirt) _____

Direccion _____

Tel _____

Nombre de los padres _____

Contacto en caso de emergencia _____

Tel _____

¿Está usted disponible para ayudar con nuestro programa?

Estoy disponible: Todos los días

O solo: lunes -martes - miércoles - jueves - viernes